

Winter training 2007 Nov-Dec (Turpin High School)

Monday: (Outdoor)

5:00-6:20

U17 P Jon
U17 A Neil

6:20-7:40

U15 B Jon
U16 B Neil

7:40-9:00

U15 P Jon
U16 P Neil

Note:

Full time staff will flip flop sessions each week with teams.

GK's Craig

Wednesday: (Outdoor)

5:00-6:20

U17 P Scott
GK's Craig

6:20-7:40

U16 A Jon
U15 A Neil

7:40-9:00

U15 P Greg
U16 P Neil

Thursday (outdoor):

5:00-6:20

U17 P Scott
U17 A Neil

6:20-7:40

U16 A Jon
U15 A Neil

7:40-9:00

U15 P Greg
U16 P Neil

Dates:

Start: Nov 12th

Finish: Dec 13th 4 week program

Dates no training:

Nov 19th 21st and 22nd