

“Pure Skill”

Starting in the spring will see the introduction of our new program “Pure Skill”.

Each session will be 1-hour long and held on a Saturday morning from 9-10am and from 10-11am starting on April 7th and ending on May 23rd. The program will be 8 weeks long.

This will only be open to our U9 – U11 age groups and is totally voluntary. This will continue in the fall for our U10 and U11 age groups and will be open once again to our U9’s in the spring of 2008.

The sessions will focus on body movement and ball skill to beat opponents on an individual basis. All training will be repetitive, unopposed and in an open environment.

Each 1 hr session will be limited to 30 players. All players will be required to bring a ball.

Please sign up as soon as possible as space is limited. For registration please e-mail Greg Bowman at: gregbowman15@hotmail.com

Thanks

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